



# *Explore and Learn Relax and Unwind*

## *Connect with the More than Human World*

### **Specializing in Immersive, Meaningful Experiences with Nature**

- Forest Bathing
- Mindfulness Walks/Hikes
- Nighttime Walks (sky, sea and/or nature)
- Tea Foraging
- Nature Walks
- Earth Ball and Parachute Games for Groups
- Mother Trees and Mycelium
- Nature Photography/Composition
- Scavenger Hunts
- and more

**Length:** 1 - 3 hours

*Customizable to meet your needs!*

### **Contact:**

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207-310-8708



*Families  
&  
Small Groups*



*Corporate Retreats  
&  
Conferences*



*Resorts  
&  
Communities*

## ***Rates for Walks/Activities:***



**\$45 per person up to 2-3 hour walk 12+ more participants**

**\$50 per person up to 2-3 hour walk 7-11 participants**

**\$60 per person up to 2-3 hour walk 3-6 participants**

**\$85 per person up to 2-3 hour 1-2 participants.**

*Available daily based on availability. Must be reserved a minimum of three days in advance. Evenings and weekends preferred; weekday availability limited.*



**Contact Me!**

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Programming*



*Unique One of a  
Kind Experiences*



*Serving  
Southern  
Maine*